

15 to 18 Years (Tenth Grade – Twelfth Grade)

Doctrine	Prayer	Bible	Liturgy & Sacraments	Saints	Church History	Stewardship
<p>Define the basic meaning of the Incarnation of Jesus Christ as “God’s coming to us in the flesh”</p> <p>Describe what it means, in personal terms, that God has come to live and die for us</p> <p>Explain how love is the basis for all relationships between God, his people and the world</p> <p>Name the persons of the Trinity and describe how they relate to one another</p>	<p>Compile a collection of “Prayers for Special Occasions” for personal use</p> <p>Locate the Troparion and Kontakion for the major Feast Days. Add these to prayers.</p> <p>Prayers after Communion</p> <p>Compile a personal list for remembrance of Living and Departed</p> <p>Read short books on prayer</p>	<p>Read short passages from the Bible regularly</p> <p>Name and describe the major periods in Salvation History – Identify the Incarnation as the pivotal point in this history</p> <p>Work with Gospel parallels (i.e., maps, biblical aids)</p> <p>Compare biblical and liturgical texts on common themes</p> <p>Relate the bible to daily living – Keep a journal of helpful passages</p>	<p>Use the liturgical calendar to locate and prepare readings for the Hours, Prokemenon, Epistle, and Alleluia verses for a Sunday service</p> <p>Describe themes and liturgical highlights of Holy Week</p> <p>Explain concepts of remembrance and thanksgiving in worship and personal life</p> <p>With the aid of a spiritual father, develop a regular cycle of participation in the sacraments of Penance and Communion</p> <p>Describe the responsibilities of Godparents in the sacrament of Baptism</p>	<p>With a liturgical calendar, fill in the major feasts and liturgical seasons in your personal and family calendar</p> <p>During each fasting period, read the life of a saint</p> <p>With the help of a spiritual father, determine your fasting discipline and goals for Great Lent</p> <p>Help prepare at home or church for the celebration of a feast day</p>		<p>Identify and express ways to witness to Christ – in school, at work, in neighborhood, in sports and personal relationships</p> <p>Volunteer to help in some way in the community (i.e., soup kitchen, food pantry, etc.)</p> <p>Help an elderly member of the community with shopping, snow removal, yard work</p>